

## **Ramble On**

*Because the Road Goes on Forever*

[www.rambleon.rocks](http://www.rambleon.rocks)



## **Day Hike Pack List**

- Water (more than you need)
- Sunscreen
- Chapstick
- Food
- Extra clothing layers for warmth and sun protection
- Hats
- Phones
- SLR Camera if you use one
- Hiking poles
- Map (can't always rely on the phone)
- First aid
- Sunglasses
- Bear spray (where appropriate)